



You are warmly
invited to join us on

Saturday
13th June

for a day of sailing
at

**Loch Lomond Sailing Club's
Friends and Family Day**

A chance to try a new
sport or just a new club!

Sailing, games, bbq, bar...

Loch Lomond Sailing Club Friends and Family Day 2009

What To Expect On The Day:

When you arrive you will be directed to the Clubhouse to sign in. If you wish to go sailing then you will be given a time to go afloat, and told which boat you are sailing in and where to meet your helm.

There will be a long (~2hrs) Keelboat race and three shorter Dinghy races, each with a different crew to enable more guests to get on the water. You will be asked which type of boat you would like to sail in when you sign in.

After the racing, some of the faster boats will be available to give joyrides, weather permitting, and other boat owners will be happy to take people for a cruise.

There will be on-shore entertainments and children's games, a trapezing simulator to try, rigging demonstrations, and all day tuckshop for tea, coffee, soft drinks and snacks.

After the sailing and the prize giving for the race winners, enjoy a barbeque followed by live music throughout the evening.

We hope you will stay to enjoy the music and the bar. There will be space for camping in the grounds, and a list of B&Bs and campsites in the local area is available on request from barbara_mcmanus2003@yahoo.co.uk

Sign in & welcome	11am-12.30pm
Briefing for the day	12.45pm
Dinghy Races	First race start 2.15pm
Keelboat Race	Race start 2.30pm
Cruises/joyrides	From 5pm-ish
Prize giving	6pm
BBQ	6.30pm-ish
Live music & bar	7.30pm-late

What To Bring:

Towel

Old shoes/trainers to get wet

Jogging trousers and top which you don't mind getting wet

Change of clothes

Sun cream

Sunhat

Swimsuit, if you want to sail on a dinghy

Packed lunch (no lunch available at club!)

You may also wish to bring some cash for the tuckshop, bbq and bar as LLSC has no ability to accept card payments

And if you have it:

Waterproof top

Wellies, for Keelboat sailing

Any other sailing kit you might wear!

What To Do On Arrival:

Please park as directed on arrival. Parking on site is limited so if it is possible to share a lift then please do!

Then make your way to the Clubhouse, for registration. You must be registered for insurance reasons.

How To Get There:

From Drymen take the B837 for Balmaha and Rowardenan. Continue on through Balmaha. After a couple of miles you will pass Millarochy Bay Caravan Site. We are on the left about 100m past the caravan site.