

Loch Lomond Sailing Club Sailing Instructions 2019

1.0 RULES

1.1. Racing will be governed by the rules as defined in The Racing Rules of Sailing 2017-2020. Section 3 “Rules of Navigation” of the Loch Lomond Byelaws 2013 apply when meeting boats that are not racing, This changes the Part 2 preamble.

1.2 LOCAL DEFINITIONS

1.2.1 These Sailing Instructions include all course charts.

1.2.2 The starting area is defined as an area of approximately 20 metres behind and ahead of the starting line also extending 20 metres beyond each end. It ceases to exist at the time of the last start of the sequence.

1.2.3 A rounding mark is one that is touched by the string representing the track of a boat sailing the course as described in rule 28.2. A passing mark is not touched.

1.2.4 Excluded areas for racing on the loch: The Geggles, The Narrows.

2.0 ENTRIES

2.1 Eligibility. Racing at the club is for members. Guests may be invited to take part but their finishing positions will be ignored for the purpose of Club results.

3.0 LIMITATIONS OF LIABILITY

3.1 Risk Statement: Rule 4 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.” Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in an event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 - (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
 - (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- 3.2 Each participating boat must be insured with valid third party insurance with a minimum cover of £3 million.

4.0 SAFETY

4.1 For Dinghies and Flying Fifteens rule 40 (personal flotation devices) will apply at all times except that no signal will be made. This changes rule 40.

4.2 There will be no RIB safety cover for Keelboat Points races.

4.3 Keelboats are to carry the following safety equipment at all times:

- Lifejackets for all personnel (see also 4.1 re FFs)
- VHF or Mobile Phone
- Inboard or Outboard Engine
- Anchor with suitable length of chain and warp.

This rule also applies to Flying Fifteens racing on the Keelboat course, though a set of oars/paddles may be carried in place of an engine, and noting that length of chain/warp should be more than required by class rules.

5.0 NOTICES TO COMPETITORS

5.1 Notices to competitors and changes to sailing instructions will be posted on the notice board at the Race Office.

5.2 Members intending to race should enter names legibly on the appropriate Race Entry Sheet placed outside the Race Office. Names of all crew must be included.

6.0 SIGNALS MADE ASHORE

6.1 Signals made ashore will be displayed at the Race Office or from the Club flagpole.

6.3 Following a postponement the Warning Signal will be not less than 30 minutes after AP is lowered.

7.0 SCHEDULE OF RACES

7.1 The Schedule of Races is published in the current “Blue Book”.

8.0 CLASS SIGNALS

8.1 Class Signals are specified in the course charts.

9.0 THE START

9.1 Starting areas and signals

Races will start at the Water Starting Line (normally at mark M) unless signalled ashore as follows:

Start C.- Flag C for a Clubhouse start. If start C requires a change of course, a notice of the change will be posted in accordance with paragraph 11.6.

9.2 The order and times of starts are detailed in the Course Charts.

9.3 The course number will be displayed before the warning signal.

9.4 Races will be started using rule 26 with the warning signal made 3 minutes before the starting signal.

9.5 An additional “pre-warning signal, an orange flag, will be displayed at the committee boat 4 minutes before the first start of races.

9.6 Boats whose warning signal has not been made shall avoid the starting area during the start sequence of other races.

9.7 If there are no starters in Slow Handicap, that start may be omitted.

9.8 A change of course on the water before the start will be signalled by a postponement followed by 5 or more short sound signals and the new course number. The

postponement will then be cancelled and the new start routine commenced.

10.0 THE STARTING LINE

10.1 The Water Starting Line will be between the staff flying an orange flag on the cabin top of the Start Boat and an outer distance Dan buoy.

10.2 The Clubhouse Starting Line will be between the club flagpole and a Dan buoy.

11.0 RECALLS

11.1 In the event of a general recall, recalled classes will start, in their original order, beginning 3 minutes after the last scheduled start. This changes rule 29.2.

12.0 COURSES

12.1 The positions of marks and the order of rounding are described in the Course Charts.

12.2 In General Handicap Series all keelboats will sail 1 Keelboat GH course (from Nos. 49-64) on Saturday and 1 on Sunday. FH, MH and FFs will sail 2 GH dinghy course on Saturday and 2 on Sunday (dinghy fleets sail all-in handicap on both days). SH will sail 2 GH dinghy courses on Saturday and 2 on Sunday.

12.3 In Island Series all boats will sail 1 Islands course (from Nos. 1-24). No Slow Handicap racing.

12.4 In Points Series Keelboat Handicap will sail 1 Points Series course (from Nos. 25-48). In Saturday Points Series FH, MH & SH dinghies and FFs will sail 3 Points courses around dumpy marks (see also 12.7 below). In Sunday Points Series FH and FF will sail 1 Sunday Points Course around fixed marks, MH and SH will sail 2 Sunday Points courses around fixed marks and 1 dumpy mark.

12.5 Special courses will be set for Lomond Isles, Keelboat overnight weekends and any other special races.

12.6 Course changes (or additional course information) may be posted and advised either from the committee boat on the water, or from the clubhouse.

12.7 In Saturday Points Series FFs have the option of sailing the Keelboat Points course. Refer to SI 4.2 and 4.3.

13.0 MARKS

13.1 All marks are rounding marks except start and finish line marks. A rounding mark is one that is touched by the string representing the track of a boat sailing the course as described in rule 28.2.

13.2 Dinghies and FFs GH and Points course marks are orange and yellow 'dumpy' inflatable marks. Marks for other courses are orange/white plastic barrels or islands.

14.0 THE FINISH

14.1 The finishing line will be either the Gate (between the staff flying an orange flag on the finish boat and the Dan buoy) or the shore finishing line between the club flagpole and Mark A. The finish boat will normally be at Mark M for General Handicap and Points races.

14.2 Dinghy/FF Points and General Handicap races will normally be finished at the Gate. The RO may shorten course at any mark i.a.w. RRS 32.

14.3 Time Limits for each class appear on the LLSC Course Charts and change rules 32 and 35.

14.4 Boats failing to finish within the time limits will be scored DNF.

14.5 Retiring boats should inform the Race Officer that they have retired, as soon as possible.

15.0 HANDICAP SYSTEMS

15.1 Handicap racing will be run under the RYA Portsmouth Yardstick Scheme. Keelboats will continue to use 2012 PNs as amended by the Sailing Committee.

15.2 Handicaps may be adjusted during the sailing season. Current club handicaps are displayed on the notice board outside the Race Office.

16.0 PROTESTS

16.1 The Exoneration Penalty and the Advisory Hearing and RYA Arbitration procedures of the RYA Rules Disputes Procedures will be available. See Notice Board for details.

16.2 Protests must be lodged within half an hour of coming ashore. Forms are available from the race office. Protests will be heard as soon as possible.

17.0 SCORING

17.1 Results for Dinghy series will be awarded to an individual helm in a particular boat: any change of helm or boat will constitute a separate entry for the series. Results for Keelboat Handicap and FFs will be awarded to the boat irrespective of the helm or crew. These also apply to the Fleet Championships.

17.2 In all series, the number of races to count will be the total number sailed plus one, divided by two, and rounded up to the next whole number as required.

17.3 40% of races available will count in the Fleet Championships, excluding General Handicap races. FFs may not count races sailed in the Keelboat Points series.

18.0 AVERAGE POINTS

18.1 Average Points may be allocated to members on the duty rota and to those representing the club at Open events elsewhere. A maximum of 2 days racing per series can be scored as Average Points, but never more than one third of the races to count for that series.

18.2 The Average Points to be awarded will be the total number of points scored in races sailed in the series divided by the number of races sailed, to the nearest tenth of a point (0.05 to be rounded upward). The races sailed shall include all races where the helm came to the starting area i.a.w. RRS A9.

18.3 Members wishing to claim average points must contact the results co-ordinator (Bob Sparkes) within 2 weeks of the event.

19.0 PRIZES

19.1 Trophies and other prizes will be awarded at the annual prize giving will be held in the Clubhouse at the end of the season.